



Circle of Security®



All children want to feel loved and safe. The Circle Of Security® parenting program has been developed with decades of evidence on ways to strengthen secure caregiver-child relationships.

The program supports caregivers to provide children with the confidence and freedom to explore their world while feeling a sense of comfort and security. The program assists caregivers to see behaviour as communication rather than a problem. Experienced and trained Circle Of Security® Family Life practitioners will facilitate the group sessions.

The Circle Of Security® parenting program will help you:

- Support your child's self esteem
- Tune in to your child's world by reading important cues
- Understand your child's emotional needs
- Connect with your child and enjoy being in the moment
- Strengthen your bond and attachment with your child

Circle Of Security® is not running in Term 1, 2026. Details for to come for Term 2, 2026.

Please register below to be added to the waiting list, and we will contact you when there are places available in future terms.

Suitable for: Caregivers with children aged 0 - 5 years

Eligibility: Families residing within the Bayside Peninsula region

Registration:

To register for the group, [click this link](#) or scan the QR code and complete our Request for Support Form. Under 'Get Support' select 'Parents and Families', then select 'Circle of Security'.



For further information please contact:

 (03) 8599 5433 or www.familylife.com.au

