



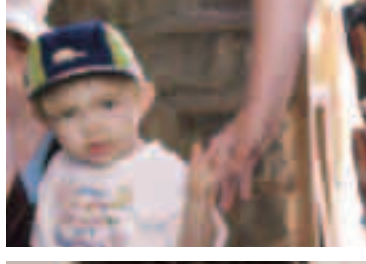
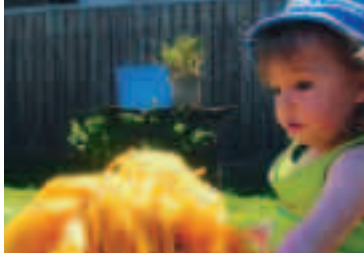
Annual Report
2005-2006

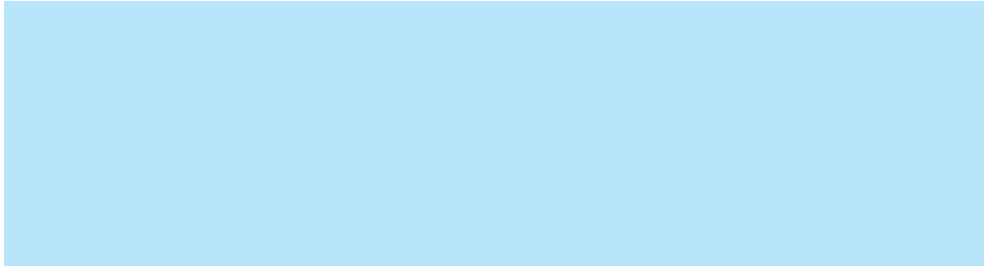
Our Mission

Family Life will provide quality responsive services to the community with priority to at risk families, children and youth, guided by a whole of family approach. We will share widely the wisdom gained for personal and social change and community wellbeing.

Our Values

Respect Inclusion Empowerment Community

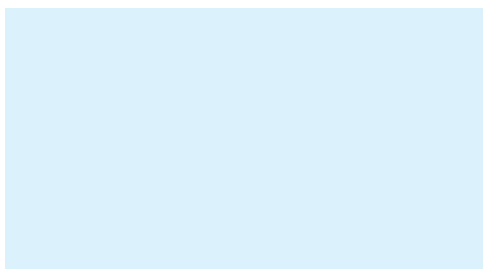




Annual Report

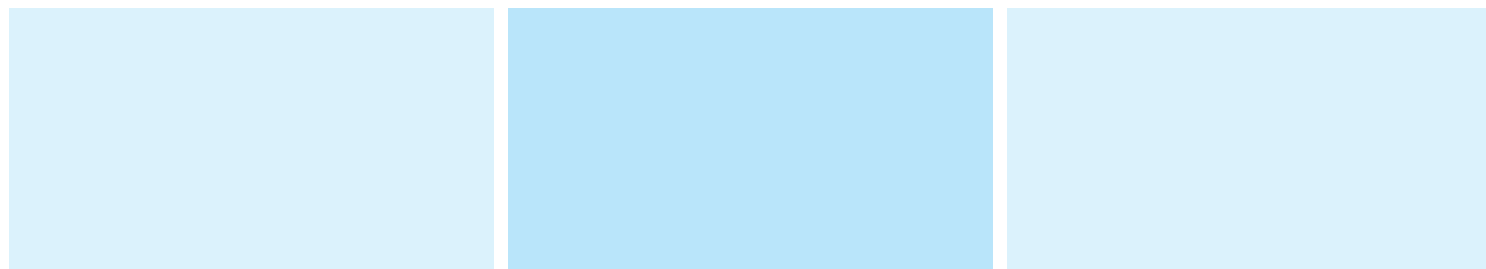
2005-2006

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Our Patrons and Board



Our Patrons

Mr Justice (John) Fogarty AM

Family Court Judge and Head of the Child Support Consultative Group from 1976-1998.

During this period he delivered major Child Protection Reports and in 1991 was awarded an AM for work with children. John has been a supporter and Patron of Family Life for over 10 years.

Mr Graeme Disney OAM

Graeme is a former Mayor of Bayside and his contributions and service to our community have been recognised by many awards including the Attorney General's Department Award for his voluntary work as a Justice of the Peace and a Federation Medal in 2002.

Board

Karilyn Fazio *President*

Karilyn is an executive coach and team facilitator, with a background in secondary teaching and advertising. Currently studying Masters in Organisational Coaching at the University of Sydney.

Veronique Lotter *Vice-President*

Project Manager of Health Care at the TAC, Veronique has large scale organisational management, project development, staff training and IT experience.

Tony Hurd *Vice-President*

Tony has been actively involved with Family Life over the past 5 years. He has a strong Marketing background and is the Global Sourcing Manager for the Bunnings Group. Tony is a local resident and enjoys the challenge of rearing a young family with four children aged 1, 3, 5 and 7.



Mark Vassella
Treasurer

CEO of Smorgon Steel Distribution. Mark has been an active member of the organising committee of the Family Life Charity Golf Days 2003 - 2006 and the Children's Services Appeal Committee.

Felicity O'Shannassy
Secretary

Felicity is a consultant with SMS Management & Technology. She has experience across both the public and private sectors, particularly in the areas of strategic planning, change management, project and program management, strategic procurement, relationship and risk management, policy development and service delivery.

Stephen Bond

Investment company director, Stephen brings financial and business expertise as well as community, business and Rotary networks to Family Life.

Guy Copley

The Copley family has had many generations of business and community participation in the Bayside area. Now retired, Guy was managing director of AE Copley Engineering, and is a member of Sandringham Rotary.

David Edney

David is a Partner at CE Family Lawyers, a legal firm specialising in family and de facto law.

David is Chairperson of the Children & Youth Issues Committee, Law Institute of Victoria. He works as an Independent Children's Lawyer in the Family Court and Federal Magistrates' Court. David is also a member of the FLAG which is a group of psychologists/ psychiatrists and counsellors who prepare family reports in the Family Court and Federal Magistrates' Court.

Vivian Keating

Vivian runs her own investment and property businesses in Kingston and is a former Family Life staff member.

Lesley Hewitt

A lecturer in social work at Monash University, Lesley has conducted extensive research in the areas of sexual assault, child abuse, family violence and the Family Court.

Graeme Seamer

Graeme has a teaching background and recently retired as a Senior Education Officer with the Southern Metropolitan Region of the Department of Education. Prior to joining the Board, Graeme was a member of the School Focussed Youth Service Reference Group.

Cr Kristin Stegley

Kristin represents Dendy Ward in the City of Bayside.

She is on the Board of the National Trust, and from 1996-2001 was a Trustee of the The Stegley Foundation, a private philanthropic Trust committed to social justice. She is a Life Member of Philanthropy Australia.

Kristin has enjoyed a 20 year career in the arts and cultural appreciation.

Trevor McCullough

Trevor is the General Manager Sustainable Communities for the City of Kingston and has been Council's nominee on the Board since 1999.

(As at June 2006)

From the President

This has been an exceptional year of growth for *Family Life* and the foundations are firmly in place to consolidate our progress.



As I am retiring as President and a Board member in October 2006, in line with our Constitution limit of seven years consecutive service, it is interesting to reflect on my 10 years of involvement with Family Life and the enormous change that has taken place in that time.

I first contacted Family Life as a new mother looking to put my skills to some good use in the community. The Community Relations program of the agency was in its infancy and community fundraising was largely dependent on the hard working Opportunity Shop team. I was able to enrol another team of committed volunteers to launch the Annual Ball and add value by raising the profile of the agency. In recent years it has been rewarding to work with Board members and the CEO to build the governance of the agency

in line with its expanding work, government and funding contracts and our responsibility to the community.

The central focus of everyone - staff, volunteers, Board members, donors and supporters - has been to enhance the sustainability of Family Life while staying true to our values and mission. Over the time there has been change in government policy, feedback from research and experience from delivering the service which has altered our strategic focus and how we allocate resources. Our progress continues to carry forward the vision of our foundation volunteers. This is exemplified by the ever increasing success of the Opportunity Shop, which provides the model for initiating other socially responsible businesses for both revenue raising and delivering our

mission to meet community needs. As I leave the Board, I am confident in this planning direction for the future.

The Board has the expertise for informing and supporting the CEO to develop and execute the strategy and continue to grow.

I would like to thank the Board for their enthusiasm and commitment; the managers and CEO for their support and belief in me, and the extended Family Life community who are such a vital part of our success and achievement. It has been a great 10 year journey, filled with learning and growth. I encourage others to experience the fulfilment and rewards of volunteering.

Karilyn Fazio

CEO's Report

2005-06 was a significant year for Family Life.

Our whole of community approach, quality services and continual improvements in how we work were endorsed with increased support across all streams to grow service capacity. We finished this financial year knowing that the next will include budgets for family relationships and family violence services, continuation of targeted support for the most vulnerable infants and parents in high need neighbourhoods, expansion of social and economic support for disengaged young people and adults, and an expansion of services into Frankston and the Mornington Peninsula to deliver the new Family Relationship Centre and family strengthening services funded by the Australian Government.

There were a couple of weeks in May 2006 where the sustained effort of many years (and tender writing activities of many nights) delivered a major injection of assistance towards our strategic vision of *Growth for Sustainable Community*. In our newly completed Children's Services centre and upgraded facilities, we celebrated the opportunity to respond to more needs and continue innovations for promoting wellbeing.

Success with governments and trusts was mirrored by an outstanding year for our Community Relations Program. The Opportunity Shop had a record breaking year, and the Board and volunteer groups delivered highly successful events bringing people together from across the community to walk through gardens, kick up their heels at the Ball, meet new people over cocktails, or enjoy an afternoon of golf. Volunteers and community supporters are not only critical to how we work to help people in the community, they also support unfunded (or under funded) services such as youth and family counselling and support, community outreach, volunteer training and development. The Community Relations team provides essential co-ordination to support each volunteer group's dedicated efforts.

Progressing from responding to needs to promoting wellbeing is our goal with each client, family, neighbourhood, and for us as a community service agency.

The integrated support from all streams - governments, community and enterprise - resources us to innovate into proactive strategies for empowering people to make the most of their abilities and opportunities and achieve their own sustainable change.



In the pages of this Annual Report for 2005-6 the Board, staff, volunteers and clients share stories, reflections, data and research evidence about what we did, how we did it, and what difference it made. I hope readers will be assured about the value of their support and touched by the impact everyone makes when we come together as a community caring for families, children and youth.

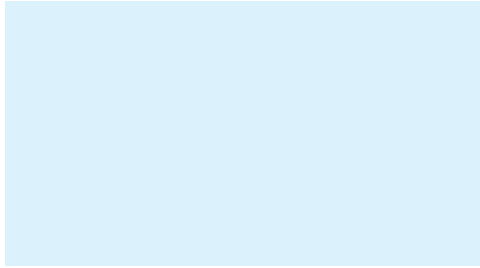
My sincere thanks to Karylin Fazio who has given great leadership and support to me and Family Life in her role as President. You will be missed.

The Board, staff and volunteers are a great team. Their dedication and commitment is outstanding.

Jo Cavanagh

Highlights and Snapshots 2005-06

... in the words of clients, staff, volunteers and the Board of Family Life.



In 2005-06 Family Life

- responded to over 1,600 requests for help with family and relationship issues involving more than 1,000 families, including 3,000 children and young people
- provided over 50 community education and information forums in schools and community settings
- facilitated weekly support groups and events for residents, parents and children in high need neighbourhoods

Our Children's Services Centre

completed and the upgrade of the Sandringham Centre. It is an entirely different office to 12 months ago. The setting is calming for clients and guests; counselling rooms are light and comfortable; and all staff have the benefit of either new or re-fitted offices.

The changes in the children

in the STAR Group who "learned heaps" about family fights and wanted to do the program again! "To see kids trying to deal with the effects of family violence and be a part of the team helping them was a highlight of the year".

Family Life to deliver the Family Relationship Centre and other family strengthening services for **Frankston and the Mornington Peninsula**.

The vision, contacts, relationship building, successful tender and "...amazing team contribution to achieve the opportunity to help more families, children and young people".

Our Family Life team at the national Family Relationship Centre training in Canberra... **"being proud to be part of our agency"**.

Increased funding and prudent financial management to get from deficit to break-even and then a small surplus. We have an improved **financial position and sustainability**.

The Women's Groups...

"feeling honoured to hear the women's stories and support them to recognise and celebrate their strengths".

Being part of a caring staff

community whether celebrating the impending arrival of a new baby, farewelling a valued staff member or supporting a colleague through a difficulty.

Members of the Separated Parents Support Group **helping each other** and passing on what they have learned to new parents joining the group.

The participation, commitment and engagement of **the Board**. "We have a passionate wise group of people at the helm".

"With all the success this year, a highlight is **the strength of our values and mission** and staying true to who we are and to Respect, Empowerment, Inclusion and Community which is reflected at all levels of the organisation".

The first Creating Capable

Leadership group have vision and momentum to plan and organise educational groups for their pre-school children at Keith St.

"...they are empowered to make real change".



Sing and Grow at Keith St... if you could see the way **the kids just love it!** The best thing about this program is that the parents from our Leadership Group organised the program to happen themselves.

Seeing **two of our African Mums** in their national costumes sharing their stories, food and jewellery with the children at a local primary school. They brought a wealth of knowledge and blossomed with confidence in front of the fascinated children.

"Seeing the healthy happy bright faced children attending **Keith Street**". These faces are a testament to the outcomes of CCC, Community Bubs staff, volunteers and working in partnership with the residents and parents.

The **Breakfast Club** is where Senior Sergeant Gerry Lambourne and other police, toast muffins, cook eggs, and chat with parents and children who are keen to sit on motor bikes or try on a police jacket. As they overcome their fears, **they see the police as people in their community who they can trust.**

"When the work is hard, there is always someone around to share that with. When successes are overt, workers can **celebrate** with their clients, other workers and sometimes just with themselves. Other times successes are not so explicit".

"I would like to **share the complexities, successes and difficulties of our work** with our supporters and those who read our Annual Report - some of the work we undertake we cannot necessarily celebrate, and yet it is so important! I remind myself that my client's lives and journeys are their own; I am but a small part of their life experience. But that doesn't mean I am not affected or worry about the children and wonder what else we might have done. **This is what I work with everyday at Family Life**".

Celebrating our **volunteers, donors and customers** who achieved a record breaking year at the **Op Shop**. For 36 years, so many have been helped because of the volunteers dedication and hard work.

Our wonderful **Open Garden Day** was assisted by 100 volunteers, attracted 650 visitors out and about in the community and received the City of Bayside 2006 Australia Day, Community Event of the Year award.

Validation of the impact of **YouthWorx** with Australian government funding for **PeopleWorx** to assist unemployed and vulnerable parents and adults.

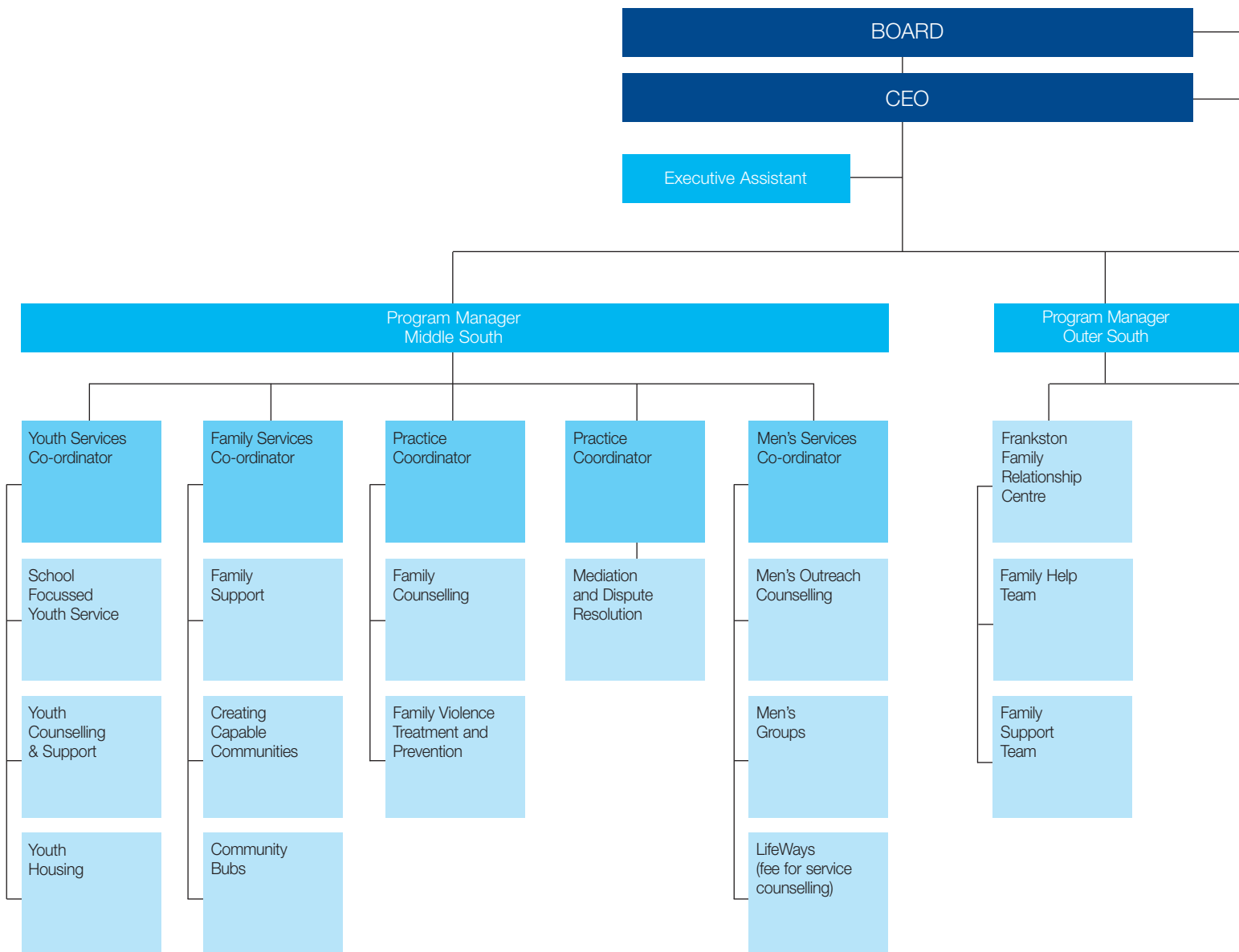
Getting financial assistance for our **homeless young people** so they can pursue education, employment and/or training and get on a pathway towards a better life.

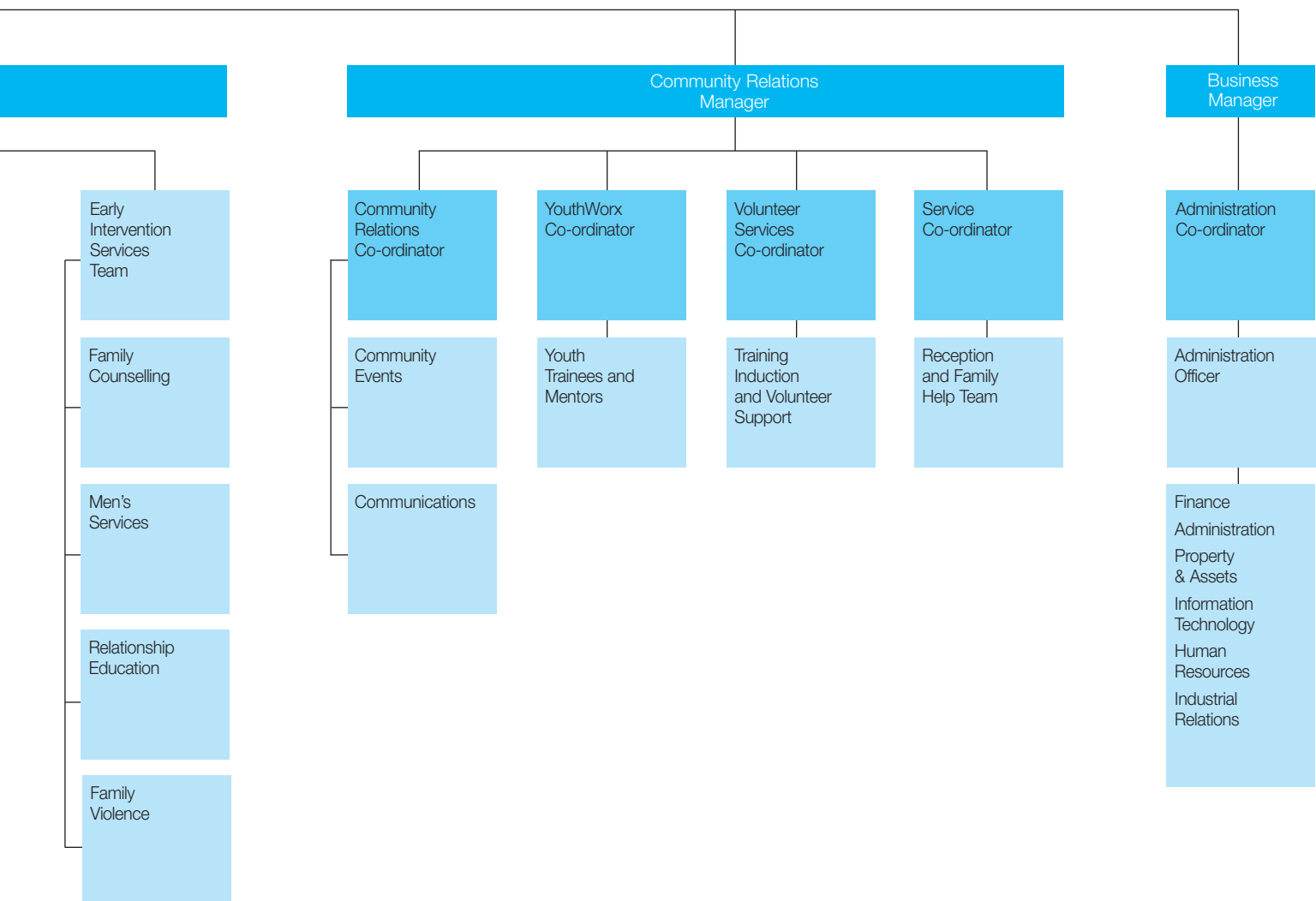
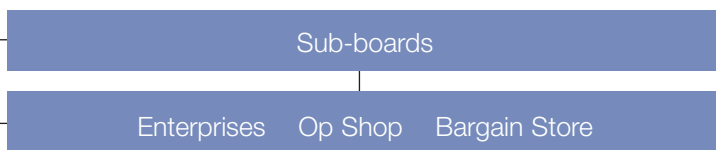
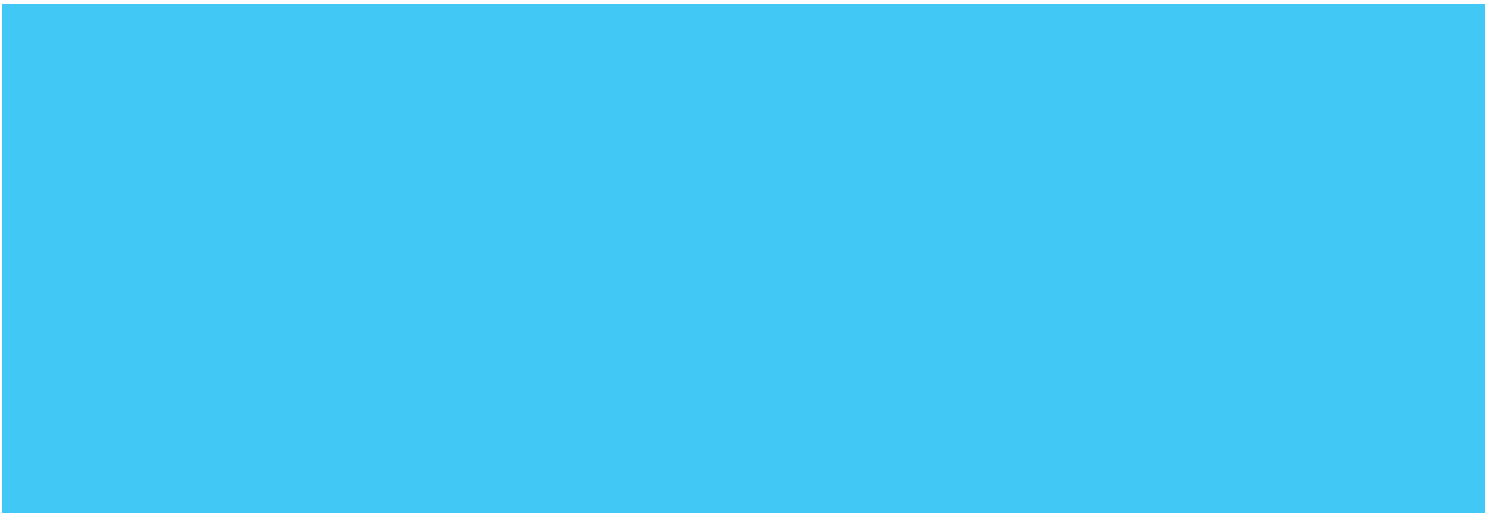
Enthusiastic, hungry for knowledge and willing to do anything **students**. They remind you of how you were when you started and watching them learn and grow is really a pleasure. I love "mentoring" and feel great personal satisfaction when they go out and do well.

"I think Family Life is a fantastic service, forward thinking, it seems to flow in the sense that one project roles into another and we are all linked in some way shape or form. **We are all part of the community chain**".

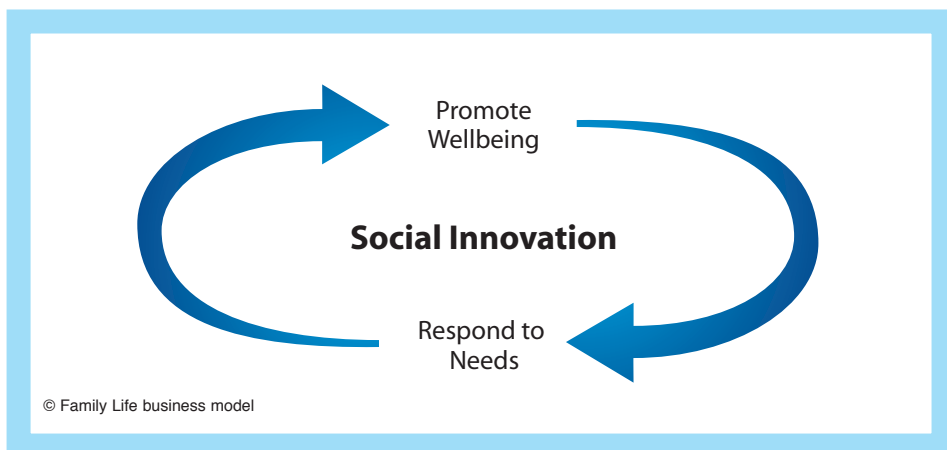
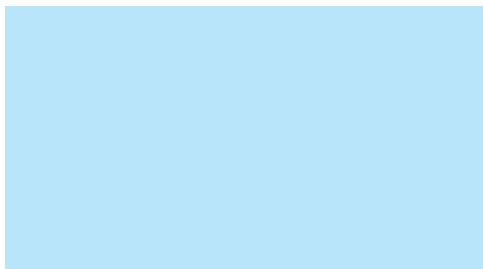
Family Life Organisational Chart

as at June 2006





Our Community Service and Enterprise Model



How the Model Works

...parents from Community Bubs are connected with Keith Street Community House where together they provide stimulating play and nurturing care for their children. They reach out to new residents to introduce themselves and offer support...

...young people at YouthWorx develop their skills and personal success story into a CV and work record to achieve employment or pursue further education and training. They volunteer and help run the Bargain Store...

...former clients of family and group counselling programs, train as volunteers and work in teams with staff to help others...

... staff, volunteers and former clients speak out about what has worked for them at schools, community events and through the media to encourage others to seek help when they need it.

Family Life services respond to the needs of those who seek our help and those we seek to help. Responses are broad and targeted with flexibility to be effective. Some are empowered or facilitated by others to seek help, while others need us to reach out into their life space to encourage them that help is available and change can happen.

Professional knowledge, research and continual feedback informs our services at the individual, group, neighbourhood and community levels. The creative process of plan, act, and review drives collaboration for effective social innovations to meet and prevent needs.

Services seek to assist people to progress in their lives with strengthened skills, relationships and supports.

We explore what might prevent needs in the future and initiate social innovations for promoting wellbeing. This process is articulated through all service strategies. As we move into prevention and promoting wellbeing, the collective effort grows in volume and effectiveness of impact.

Our social enterprise innovations have grown out of this collective community effort. Young people, parents, and community supporters volunteer and work together to run our recycling stores, The Op Shop and YouthWorx Bargain Store, to fund services and provide structured work place learning for those needing help to participate in education training and employment. Social enterprise and social businesses are now critical to growing financial sustainability for our clients and Family Life.

A Community Caring Approach

People become aware and get involved adding their skills, interests and support, to promote wellbeing for all, as a member of a community caring for families, children and youth.

The Community Bubs Program

is a home based service for vulnerable parents and infants. The Parent Support Worker is assisted by a trained Family Support volunteer who can stay with the family for up to 12 months.

The Volunteer helps the family with parenting skills and connects them to a support network in the neighbourhood through the Keith St Community House.

Local residents gather at the Keith Street House to participate in social activities and provide a stimulating and safe environment for their children to play.

Local businesses have donated toys and equipment to support the Community House and sponsored social outings and community events for families.

Parents from Community Bubs have completed volunteer training and now help run a Play Group and Sing and Grow musical development program for pre-schoolers.

The Op Shop is a place where concerned members of the community have for 36 years run a recycling business to raise funds to support needed services and provide an economical place for residents to shop.

Volunteers, donors and customers this year raised \$157,000 for youth and family services. An outstanding community caring effort!

“... for the first time in 15 years no crimes were committed in the Estate during the 2 month period...”

Neighbourhood Watch Newsletter Sept – Oct 2005 Area BSD 25.



Creating Capable Communities

reached the end of five years funding in June 2006. In preparation, residents, service partners and Family Life staff and volunteers have planned to continue the Home Work Club, Breakfast Club, Keith St Community House programs, Play Groups, community activity days and barbeques. Creating Capable Communities is now imbedded in the lives of residents for increasing safety and wellbeing, and integral to the Community Bubs program for vulnerable babies and parents who benefit from targeted services supported by friends in the neighbourhood.

Volunteers, donors and support from local business and Council will be critical for maintaining the community caring effort which has increased safety and wellbeing for residents of all ages in local high need neighbourhoods.

Focus on Children



Latest figures from the Australian Institute of Health and Welfare reveal the number of children suffering child abuse and neglect has doubled in the last decade. 220,000 reports of child abuse were made in 2004 – equal to one report for every 25 children in Australia, or one every 13 minutes.

Family Life is proud to be working with the Victorian and Australian Government reforms to Child Protection and Family Law to strengthen the focus on the best interests of children including where parents separate or are unable to care for their children.

Being a caring community is enabled by the conditions created by government at all levels. These conditions are a reflection of who we are as a society and what priority we give to helping each other and supporting the most vulnerable. Some need ongoing support over their lifetime; others need brief or recurring episodes of support to contain risks and promote strengths and skills for resilience, growth and change.

“ I worked with a mum to overcome longstanding personal struggles and difficulties as a parent. Child Protection had been involved and it was a challenge for her to see past all the problems, issues and labels. Under her “blanket of pathological history” we found fierce resilience and courage to do the right thing for her children despite the obstacles.

As we closed her involvement with Family Life, she gave me a list of her tips for overcoming depression to share with others travelling a similar journey. She also donated her baby clothes to help a young mum in need. It was hugely encouraging to see the rewards flowing from a strengths-based approach and that the seeds that one sows as part of a team can grow into trees and give shade to other people too”. *

(Family Worker)

Our best efforts still need a firm net of government and community service providers to protect children whose safety and wellbeing is compromised.

“ Sometimes even after months of working through issues and knowing that the parents love their children and have worked hard to put changes in place, in the end, their best efforts are not enough, particularly when violence and abuse recommences. Children are scared, confused, and show signs of emotional trauma. Our best efforts are then needed to help parents work with Child Protection and legal services for the safety and security of the children.

The work at Family Life is complex, emotionally exhausting and inspiring”.

(Family Worker)

* all stories have been changed to protect confidentiality

Creating a Child Friendly Community

Research shows that child friendly communities have less child abuse and neglect.

By working in partnership with parents we create a web of support to help parents overcome the personal and social barriers impacting on their parenting. We believe all children and young people need strong healthy family relationships and the support of a caring community.

A caring community has a network of volunteers, donors and supporters who give their time, resources and energy to others. The increased capacity and spirit of goodwill this generates is immeasurable. It creates the context through which we are able to ask for and give both broad and very targeted support to families, children and young people. It combines with government and philanthropic support to promote a whole of community approach for a child friendly community.

“We help parents to feel more confident about themselves and their life choices, to parent in a more positive way... Through our counselling service we can link them into a support network of groups, volunteers and other services such as YouthWorx, Keith St. and Play Group”. (Family Worker)



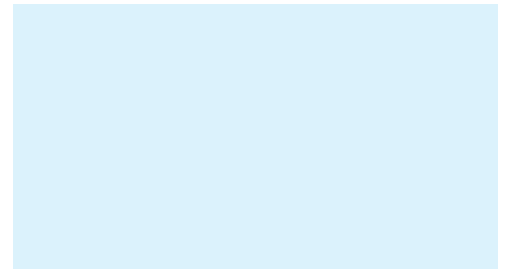
Community Bubs is funded by the Cybec Foundation. A further three years of support has been committed to continue to help vulnerable families and build the evidence base with our research partners from Monash University. Community Bubs sits as a targeted program inside the community building in high need neighbourhoods developed through **Creating Capable Communities**. Both programs are only possible because of the support from the surrounding community through volunteers, donors and supporters.

A community caring context is created with benefits for all and life changing impact for the children at the heart of everyone's contributions.

90% of Community Bubs parents interviewed by the researchers reported

- Positive attachment between parents and infant
- A safe and stable environment
- Infants reaching their milestones
- Achievement of goals
- Strengthened community connections

Focus on Families and Relationships



“In our wildest dreams the founding members could never have imagined that their vision and initiative would grow to reach and help so many people.”
Margaret Parsonson founding member and volunteer.

Counselling, dispute resolution and relationship services

are targeted to strengthening family relationships, including where separation occurs and new relationships and family forms are established. This has been a core part of Family Life services since the agency was established in 1970 when the foundation volunteers set out to help families experiencing stress in their relationships and prevent family breakdown.

In 2005-06 we have worked directly with over 1,640 families offering a range of strategies to respond to presenting needs.

In 2006-7 this work will expand to **Frankston and the Mornington Peninsula** with new federal funding to provide a Family Relationship Centre and other family strengthening services. In June 2006 we commenced appointing new staff and establishing a new office at 37 Playne Street Frankston with outreach services for Mornington Peninsula Shire.

Family Violence treatment and prevention

has been a focus for Family Life since 1986 when the MATES program for men first commenced. Our team of expert staff offer an integrated program of individual, couple and group counselling services, targeted to achieving safety and respectful relationships for children, women and men. In partnership with other key service providers, Family Life is receiving increased funding from the Victorian Government over the next three years as part of the new Integrated Family Violence Service system. This is welcome progress after years of advocating for the opportunity to end family violence and strengthen families and relationships.

Education and support groups and activities

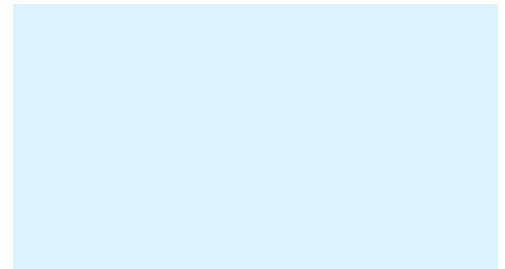
were provided across schools and community settings to share information and develop skills for promoting wellbeing. Men's health, positive peer groups and supporting children through parental separation are some of the topics covered.

“Coming to this group I have realised that I am someone very special. Both the facilitators have given me and taught me that life is brilliant and I can enjoy the thrills of it too! You are invaluable. Thankyou for opening my eyes and for educating me about myself”

Feedback from women on completing the Creating Connections group.

“Thank you with all my heart to everybody who helped me, my life has changed in a way I would never have dreamed possible. The MATES group changed my life in a way that I would never think possible at all if I was by myself”

Evaluation feedback from a young dad who changed from deeply despairing and suicidal to become hopeful and empowered. He is now reunited with his partner and baby and employed in his chosen field.



In the home

“Young mum, ‘Shira’ was despairing and felt abandoned when her partner left. I visited her at home weekly for two months helping her to find the strengths in her life to build on to bring about change and work towards her goals. It was inspiring how she was able to bring her life back together and start to plan for the impending birth of her first baby. I was in awe of her growth and determination. She told me that without the confidence building and acceptance experienced through our counselling relationship, she would have found it hard to cope and move on. One of our special volunteers is continuing to support her, taking her out and about to make friends in the community and to the services that all new mums need”.
(Family Worker)

In the neighbourhood

After five years of Creating Capable Communities, and three years of Community Bubs, Family Life has a solid evidence base of the effectiveness of partnerships at the local neighbourhood level for responding to the needs of the most vulnerable and for strengthening families.

Parents consistently report two major outcomes for their families

- They are no longer isolated and have friendships with other families
- Their children are meeting developmental milestones across social, emotional and physical domains.

The “*Telling the Story*” project has commenced with a local resident employed to gather the individual stories to add to the evaluation and research data collected. Our goal is to share this knowledge with other residents and community agencies for strengthening support for families in high need neighbourhoods.

At the Family Life Service Centre

Family Life has purpose built facilities for providing confidential individual, couple, family, child inclusive, youth and group counselling. The amenities of 197 Bluff Road are being replicated in Frankston to create the best context we can for transfer of programs and services to meet the needs identified by the local community.

‘Jarrod’ was isolating himself at home following the death of his Grandpa. Working with the counsellor in a safe room set up specially for helping children, young Jarrod faced his sadness and worked his way back through pictures to his happy memories. He says he feels better and his parents are helping him return to school.

“We both feel we can return with any questions. Family Life counsellors help us to contain feelings and stay focussed after our difficult divorce so we can communicate and plan for the changing needs of our growing children”.

Presenting needs

Relationship difficulties	Parenting	Housing
Emotional health	Adolescent / Parent conflict	Social isolation
Family violence	Grief and loss	Financial difficulties
Separation	Substance abuse	

Focus on Youth



Youth Counselling, Group Programs and Youth Housing

'Keira' was counselled and supported through her grief and loss after the tragic death of her mother. She was supported to continue with her plans to move to private board and complete her VCE.

"Thankyou to everyone who helped me. I am now in a better place!"

Young people seek confidential counselling at Family Life for a range of **complex issues** including:

- Depression
- Anxiety
- Parental Conflict
- Homelessness
- Self Harm.

At Family Life we work with the young person to involve family members and trusted friends to rebuild relationships and the young person's network of support.

Thankyou to our Op Shop and community supporters who make this much needed counselling service possible for young people in our community.

Y-Space is a new initiative reaching out to 14 – 17 year old young people in our high need neighbourhoods. By engaging the young ones in planning interesting activities our goal is to grow self esteem and confidence as the basis for promoting positive participation in the community.

The challenges presented by these young people can exhaust the most committed and caring skilled staff, volunteers and parents!

The Boys Club is provided in partnership with Department of Education Staff for boys in Primary Schools where assistance is needed with difficult behaviours, self-esteem and peer relationships. The Boys Club assisted 20 participants over two programs.

"Thank you... We've learnt a lot about ourselves and being able to control our feelings around other people - from all the boys!"

School Focussed Youth Service (SFYS)

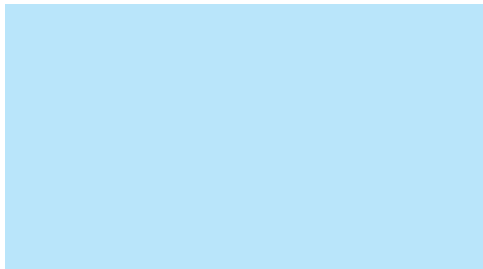
This highly successful program, funded by the Victorian Government supported another year of education and community services staff working together creatively to meet the needs of students at risk.

Over 800 students directly participated in a program targeted to their particular needs.

Examples include:

Talking Realities was funded by the SFYS for young people who left school early due to pregnancy. They are trained to run workshops in Secondary Schools where they share information and perspectives on the effect on life of teenage pregnancy. The success of the program has generated funding from other sources and strengthens partnerships between schools and community agencies.

Reach Rookys involved **250 students** across two primary schools with the aim of empowering them, building life skills, developing resilience through engagement, interaction and connection. Outcomes include improved self esteem, greater feelings of safety and security in the community and schools as well as connectedness to school.



BaKPAK is an information resource to help schools and families work on the issues which lead to non attendance at school, a growing concern across the community. Issues covered in Tip Sheets include bullying, drugs and alcohol abuse, and where to get help. BaKPAK was launched in May 2006 with the free kits being welcomed by schools, counsellors, parents and students. A winner for everyone!!

Youth Volunteers

"G'day my name is Tom Hart and... I am currently a year 12 student at Sandringham College and am a volunteer for the Home Work Club in Highett... which I have found to be fun, entertaining and extremely rewarding... the afternoon consists of afternoon tea, homework assistance and as a reward a kick of the footy or a game of cricket... The kids are so stoked to be at homework club and if for some reason I miss a week they let me know about it!"

Each week around 20 young people volunteer four hours to help their community.

YouthWorx

With support from Social Ventures Australia, the Ian Potter Foundation, the Castello Family and generous volunteers, donors and customers from our community, YouthWorx delivered another high impact year for assisting young people to connect to employment, training and education.

While volunteering in the recycled clothing Bargain Store, each young person receives individual mentoring and personal coaching to strengthen self esteem and skills for living and making a living.

Business supporters like Rodd Cunico from Dimension Data, Myer and The Body Shop all lend their expertise. As a social enterprise, the Bargain Store is learning business and volunteering systems from the Op Shop, with the goal of achieving a similar financial, social and environmental success.

In May 2006, The Australian Government committed three years funding to develop PeopleWorx to provide the same volunteering, training and work skills opportunity for unemployed adults.

YouthWorx Outcomes

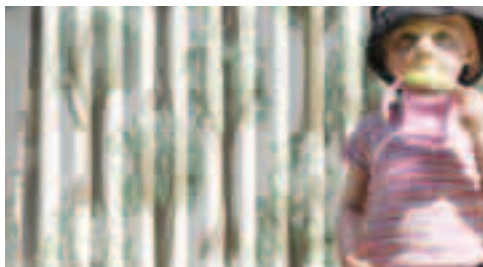
130 young people over three years have increased their self esteem and confidence, gained retail work experience and developed their work skills.

Young people have volunteered 3,000 hours to run the recycling Bargain Store.

" In the three months (at YouthWorx) I gained the relevant experience that I had needed for so long... I met new people, made new friends and gained confidence. I became happier, a little more talkative, and a better person to be around".
(young person now employed)

This year young people volunteering at YouthWorx gave 3,000 hours and raised \$25,000 to support the program.

Grants & Donations



Foundations and Trusts

Agape Charitable Fund
Cybec Foundation
Estate of G W A Griffiths
Helen Macpherson Smith Trust
Ian Potter Foundation
Michael & Andrew Buxton Foundation
RACV Foundation
Social Ventures Australia

Donors

Allison D
ALP-Brighton
Andersen P
Andersen S
Australian Steel Institute
Beck M
Bradley S
Brighton Grammar School
Caltex Sandringham
Castello Family
Cavanagh Family
Cochrane E
Cook B
Crellin M
(In Memory of Ron L Disney)
Davidson M
Dimeen J
Fazio K
Gillespie G
Gillies D
Godinho P

Granger J
Griffiths M
Hadwen D
Hampton Bowls Club
Hampton RSL
Hofmann F & M
Intimo Lingerie
Jennings W
Judson P
Launder E
Lea D
Lions Club of Beaumaris
Martin S
McCullough T
Mitchell D & P
Palmer E
Pernitzis G
Pullen N (MLC)
Quinton V
Reynolds A
Rotary Club of Mordialloc
Rotary Club of Sandringham
Sandringham Bowls Club
Sandringham Golf Course
Spotless
St Matthews Anglican Church
Stockdales G
Thompson M (MP)
Timms R & D
Triffett R
Vamitu Pty Ltd
Van Riel R
Victoria Golf Club

Sponsors

AE Copley Enterprises Pty Ltd
Apex Steel
Australian Vehicle Consultants
Bayside Council
BlueScope Steel
Capital Steel and Pipe
City Wide
CMC Australia
Copper Rock
Essendon Football Club
Hocking Stuart BSM
Inform Design
McLean Corporate Promotions
Nestle Ice Cream
New Zealand Steel
SAP Australia
Stemcor
Wright Steel

Supporters

Clarity Group
David Marshall First National
Holmesglen Institute
Limoncello Restaurant
Me, Myself & I - Graphic Design
Middletons Lawyers

Funding Bodies

Australian Government
Attorney General's Department
Department of Families,
Community Services and
Indigenous Affairs

State Government
Department for Victorian
Communities
Department of Education,
Science and Training
Department of Human Services

Local Government

Bayside Council
Kingston Council

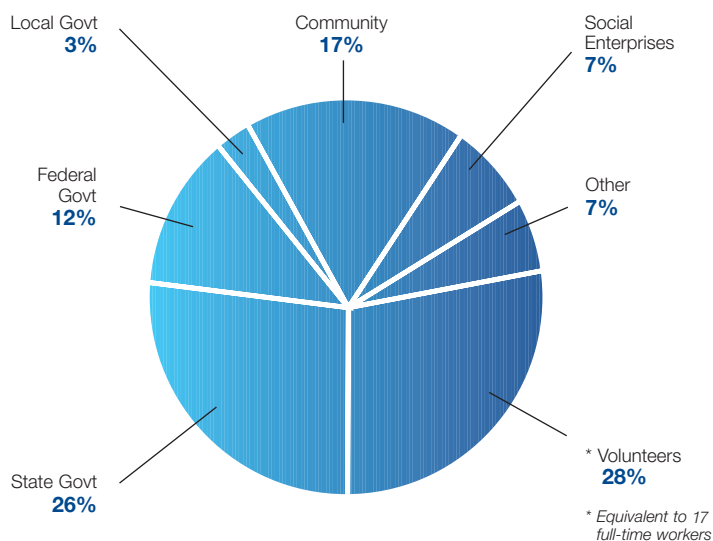
Treasurer's Report 2005/2006

Family Life provides services for the community by bringing together funding from government contracts, philanthropic grants, donations, fundraising events, training and consultation services, volunteers and social enterprises.

I am pleased to report that through strong financial and program management Family Life achieved our budget objectives for 2005-6. We can report a slight surplus result on normal operating activities; the Children's Services Centre extension and upgrade project is completed within budget; and we have progressed service and organisational capacity towards future sustainability.

The summary statements on the following pages confirm our financial performance and the position at 30th June 2006. Key points to note are:

- a small operating surplus (\$35,503) from revenue of almost \$2m means that funds received for the provision of services were fully expended in the period.
- consistent income streams with a 5% growth in revenue.
- cash and investments of \$1m held at 30 June 2006 to provide for total commitments of \$0.9m.
- \$0.9m reserve and liability commitments to staff and creditors are secured by full cash-backing (Cash and Investments \$1m).



Of critical significance for the Board's strategic planning is the commitment of retained funds to specific purposes for continuing our work. We have limited discretionary income to cover gaps between community needs and government funding. Nor do we have an asset base from which we can draw income to meet service costs. Hence continued financial and in-kind support through community and business sponsors and donors is as important as ever for responding to community needs, launching innovations and progressing proactive programs which promote personal and social wellbeing.

The next financial year's report will reflect growth from new grants and government tenders awarded this year, including the new services for Frankston and the Mornington Peninsula. This program, and second major workplace, will represent a 50% increase in our budget. We look forward to this challenge and will continue the same prudent financial management to ensure the sustainability of our growing services for an expanded community.

Mark Vassella

Financial Statements

Income Statement for the year ended 30th June 2006.

	2006 \$	2005 \$
Income		
Government Grants	1,135,784	1,075,491
Non-Government Grants	248,720	186,953
Fundraising & Donations	205,737	256,469
Social Enterprises	182,784	176,018
Training, Consultation & Services	143,503	106,319
Other Income	51,324	52,541
	1,967,852	1,853,791
Expenditure		
Staffing Expenses	1,509,589	1,433,649
Program Expenses	205,267	208,814
Operating Expenses	125,006	103,148
Property Expenses	92,487	69,794
	1,932,349	1,815,405
Operating Surplus/(Deficit)	35,503	38,386
Children Services Centre Appeal	362,872	45,191
SURPLUS/(DEFICIT)	398,375	83,577

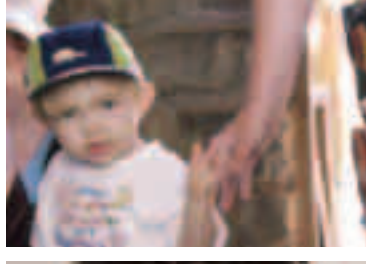
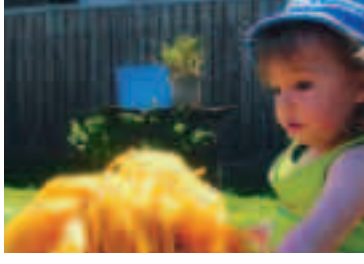
Balance Sheet as at 30th June 2006.

	2006 \$	2005 \$
Members' Funds		
Accumulated Funds	1,190,442	441,036
Reserves	432,424	783,455
	1,622,866	1,224,491

Represented by

Cash & Investments	1,021,272	1,035,467
Other Current Assets	14,212	17,123
Fixed Assets	1,013,568	455,142
	2,049,052	1,507,732
Liabilities	426,186	283,241
	1,622,866	1,224,491

This summarised financial information has been extracted from the Annual Audited Financial Statements of the Agency. A copy of the full statements is available upon request.



Our thanks also to the many generous contributors to the Christmas hamper and toy distribution, our Annual Ball, the Brighton Beach Open Garden Day, the Charity Golf Day and cocktail parties.

Thank you also to the many generous community minded individuals who donate goods and in kind services to the agency programs, the Bluff Road Opportunity Shop and our YouthWorx employment and training Bargain Store.

Photographs in this Annual Report feature Family Life events, program participants, volunteers and supporters. All photos reproduced with kind permission to celebrate involvement in the work of Family Life.

We thank Justin Deeley and Rusty Stewart for kindly supplying some of the photos.

Design & Artwork :: www.memyselfandi.com.au



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